

PRODUCTS	PRODUCT DESCRIPTION	PRODUCT CODES	PACK SIZES
Hol-Acidophilus Complex Enteric Coated, Delayed Release (4 Billion Active Cells with FOS)	Maintains a healthy balance of "good" bacteria in the intestinal tract.	HOL-0367	50 Caps
Hol-Apple Cider Vinegar 500mg (Healthy Size)	Helps to promote healthy digestion, and may aid weight loss and support cardiovascular health.	HOL-0501	200 Caps
Hol-Arnica Muscle & Joint Gel (Topical)	A fast and penetrating gel that helps relieve pain and inflammation in muscles and joints. Also helps with bruises, joint inflammation, muscle strain and soreness.	HOL-0550	75gm Cream
Hol-Bee Propolis 500mg	Bee Propolis helps enhances the body's natural defenses to infection, helping to protect against and shorten the duration of the common cold.	HOL-0548	180 Caps
Hol-Bilberry 40mg	A powerful antioxidant for eye disorders, such as diabetic retinopathy.	HOL-0321	60 Caps
Hol-Black Cohosh 40mg (Reg. Size)	An herbal supplement for women to help relieve symptoms of menopause and symptoms of premenstrual syndrome (PMS).	HOL-0429	100 Softgel
Hol-Black Cohosh 40mg (Healthy Size)		HOL-0519	200 Softgels
Hol-Body Clean Detox Kit (Clear Digest Detox 600mg + Milk Thistle 150mg)	Helps promote the elimination of toxins from the body.	HOL-0249	90 Caps+ 60 SG
Hol-CLA (Conjugated Linoleic Acid) 1000mg	A proven weight loss aid. CLA is a naturally occurring fatty acid that increases body mass and helps to reduce body fat and cholesterol.	HOL-0209	60 Softgels
Hol-Chromium Chelate 500mcg	Chromium is essential for the production and use of insulin in the body, and needed to maintain healthy blood sugar levels and aid in weight loss.	HOL-0268	100 Tabs
Hol-Cod Liver Oil Hi Potency	A good source of Vitamins A and D	HOL-0294	100 Softgel
Hol-Coenzyme Q10 100mg	CoQ10 is a powerful antioxidant essential for cardiovascular health and preventing migraine.	HOL-0364	30 Softgels
Hol-Complete Head Lice Kit (Tea Tree Oil Shampoo 250mL + Tea Tree Oil 100% pure 25mL)	A safe and natural alternative to chemical head lice treatments. A complete Head Lice Kit that eradicates head lice and nits.	HOL-0141	Kit
Hol-Devil's Claw 400mg	A standardized herbal product to help digestion and provide pain relief	HOL-0405	90 Caps

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Hol-Echinacea Liquid Alcohol Free Cherry Flavoured	For children or those who have difficulty swallowing capsules or tablets. A natural wild cherry flavour, boosts the immune system and prevents colds.	HOL-0457	50mL Liquid
Hol-Evening Primrose Oil 500mg (Healthy Size)	A superior source of Omega-6 fatty acids, used to enhance women's well-being and for many symptoms of PMS, menopause, high cholesterol, and heart diseases.	HOL-0238	280 Softgels
Hol-Glucosamine & Chondroitin Double Strength 900mg (Healthy Size)	A natural and effective treatment for osteoarthritis, Glucosamine and Chondroitin aid in cartilage growth, joint repair and increase joint mobility.	HOL-0355	125 Caplets
Hol-Glucosamine Sulfate 500mg (Healthy Size)	Promotes cartilage growth and helps alleviate osteoarthritic symptoms	HOL-0234	280 Caps
Hol-Green Tea 200mg	An effective natural weight loss supplement and for cardiovascular health.	HOL-0210	120 Caps
Hol-Green Tea Extra Strength 300mg		HOL-0522	120 Caps
Hol-Melatonin 3mg	A natural hormone that regulates the sleep-wake cycle in the body and helps to relieve insomnia, jet lag and other sleep disturbances.	HOL-0349	60 Sub Tabs
Hol-Menopause Kit (Black Cohosh 40mg + Evening Primrose Oil 500mg)	Helps to bring back balance to the hormonal system.	HOL-0400	100 + 90 SG
Hol-Milk Thistle 150mg (Healthy Size)	An antioxidant that promotes the production of bile in the liver. Also for liver diseases associated with alcohol abuse, hepatitis and cirrhosis.	HOL-0240	240 Softgels
Hol-MSM (Methyl-sulfonyl-methane) 1000mg (Healthy Size)	Used for pain relief and anti-inflammatory benefits.	HOL-0380	200 Caps
Hol-Odourless Garlic 500mg (Healthy Size)	For cardiovascular health. Odourless garlic extract, equivalent to 500 mg of fresh garlic.	HOL-0515	360 Softgels
Hol-Omega 3-6-9 1200mg (Healthy Size)	Balanced omega 3-6-9 oils can help improve skin conditions like eczema and dull hair, relieve digestive disorders, support brain function and development, improves blood pressure.	HOL-0520	140 Softgels
Hol-Omega 3-6-9 1200mg (Reg. Size)		HOL-0190	100 Softgel
Hol-Omega-3 Premium Fish Oil 1000mg (Reg. Size)	A blend of deep-sea, cold water fish oils from salmon, anchovy, mackerel and sardine. Omega-3 fatty acids reduces the risk of heart disease.	HOL-0481	120 Softgel
Hol-Omega-3 Premium Fish Oil 1000mg (Healthy Size)		HOL-0516	180 Softgels
Hol-Omega-3 Triple Strength 900mg Fish Oil (50:20)		HOL-0151	60 Softgels
Hol-Omega-3 w/Wild Salmon 1000mg (Reg. Size)	Omega-3 fatty acids from wild fish sources. Omega-3 from fish oils promote heart health, relieves inflammatory conditions lowers high cholesterol levels.	HOL-0352	120 Softgel
Hol-Omega-3 w/Wild Salmon 1000mg (Healthy Size)		HOL-0521	150 Softgels

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Hol-Oregano Organic Oil Extra Strength 80% Carvacrol	A trusted, effective natural treatment against bacteria, viruses, fungus and even parasites.	HOL-0535	25 mL Topical
Hol-Prostate Formula	A standardized herbal blend of natural products that are known to reduce enlargement and promote the health of the prostate gland.	HOL-0162	60 Softgels
Hol-Restorativ™ Extra Strength Glucosamine & MSM Cream	A natural, pain-relieving cream containing Glucosamine, to help promote joint movement, MSM, Devil's Claw, camphor and peppermint oils for arthritic, muscle and joint pains.	HOL-0208	40g Cream
Hol-Restorativ™ Glucosamine Muscle & Joint Cream	A pain-relieving cream containing Glucosamine, Devil's Claw for anti-inflammatory benefits, camphor and peppermint oils for soothing pain relief.	HOL-0460	60g Cream
Hol-Restorativ™ Pure Vitamin E Oil 28,000 IU	Helps in the healing of scars, stretch marks and dry, chapped skin.	HOL-0245	28mL Topical
Hol-Restorativ™ Tea Tree & Vitamin E Antiseptic Cream	Tea Tree and Vitamin E cream is a natural moisturizing cream that contains the soothing antiseptic and antibacterial action of tea tree oil.	HOL-0374	40g Cream
Hol-Restorativ™ Vitamin E Moisturizing Cream w/Herbs	Contains natural source vitamin E with soothing antioxidant, herbs, including Chamomile, Calendula, Echinacea and Grape Seed Oil.	HOL-0243	60g Cream
Hol-Restorativ™ Vitamin E Lotion with Chamomile		HOL-0104	120ml
Hol-Saw Palmetto 160mg	To alleviate the symptoms of an enlarged prostate gland.	HOL-0373	60 Softgel
Hol-Selenium 200mcg (Reg. Size)	Selenium is a factor in the maintenance of healthy body cells and tissues.	HOL-0277	100 Tabs
Hol-Selenium 200mcg (Healthy Size)		HOL-0518	200 Tabs
Hol-St. John's Wort 300mg	For mood elevation and reduced feelings of sadness or hopelessness and for a better sleep pattern.	HOL-0407	60 Caps
Hol-Tea Tree Oil 100% Pure (Small)	A 100% natural herbal antiseptic and germicide. Can used for fungal and bacterial skin infections and acne. Free from chemicals and preservatives.	HOL-0136	25mL Topical
Hol-Tea Tree Oil 100% Pure (Large)		HOL-0328	50mL Topical
Hol-Tea Tree Oil Spray	A potent antiseptic and germicide spray that can be applied to minor cuts, abrasions, acne, stings and more. The convenient spray is perfect for freshening hands or feet.	HOL-0545	30ml Spray
Hol-Tea Tree Oil 20% Lotion	Ideal for use on sensitive skin but with the same benefits as full strength tea tree oil for its natural antiseptic, antifungal and germicidal effects.	HOL-0134	50mL Topical

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Hol-Tea Tree Oil Hand & Body Lotion	Protects, soothe and moisturize skin. Natural antibacterial action without the negative side effects such as dryness, redness or peeling.	HOL-0106	120ml Topical
Hol-Tea Tree Oil Conditioner	Makes hair healthy looking and is also effective for dandruff, psoriasis and other scalp conditions. Mild, hypoallergenic and with no added fragrance.	HOL-0252	250mL Topical
Hol-Tea Tree Oil Shampoo	Hypoallergenic with no added fragrance. Contains tea tree oil for treating and preventing dandruff, psoriasis, head lice and other scalp conditions.	HOL-0425	250mL Topical
Hol-Vitamin D 1000IU Healthy Size	Aids calcium absorption. Prevents bone thinning.	HOL-0155	250 Tabs
Hol-Weight Loss Kit (CLA 1000mg + Green Tea 200mg)	Supports weight loss and reduces body fat.	HOL-0211	60SG+120 Caps
Hol-Wild West Coast Salmon Oil 1000mg	Salmon Oils are superior sources of omega-3 fatty acids that are essential for cardiovascular health.	HOL-0363	90 Softgel